## **Example of Health History**

DATE	AGE	EVENTS	SYMPTOMS/SIGNS/DIAGNOSIS/TREATMENTS
1986	Prenatal	Mother had a	
		health	
		pregnancy	
2/30/1987	Born	Birth	Vaginal birth
1987-1999		First years	Breast fed progressed with normal foods no problems
1999	13	Respiratory distress and fever of 104	Was at a camp cabin and developed severe asthma and fever, I was put on a nebulizer and treated for allergies.